

SATISFYING THE HUNGER *for* ECO-FRIENDLY CHANGE

Are brands doing enough?

A Brandbean study

With grateful thanks to

D A M E.

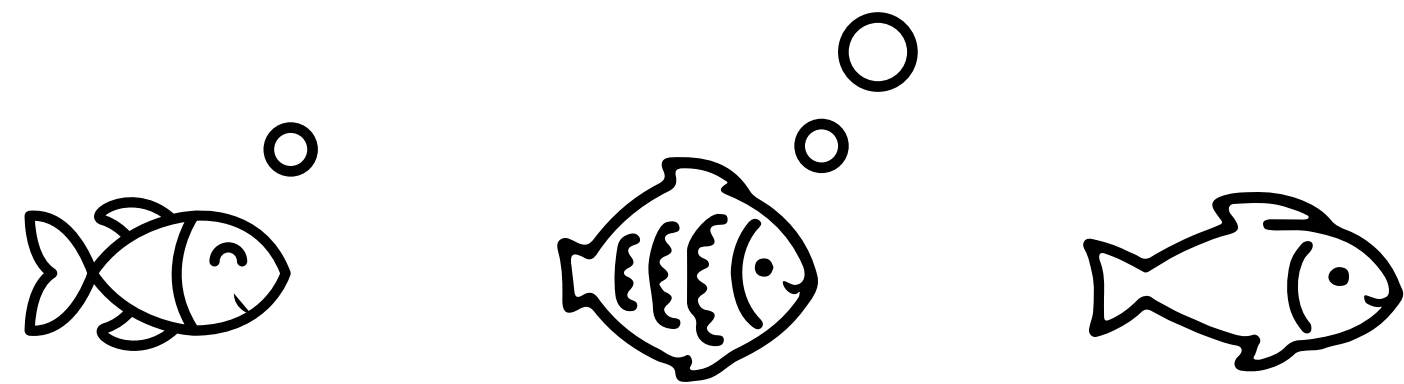
sm.

teapigs.

TROO
Foods

For a long time, the narrative on consumers and eco-friendly products has told a story of consumers who say they want to change, but are yet to actually do so; unwilling, unable, confused and priced out.

This research shows that as a society we are well and truly past that. We have reached a tipping point where consumers not only want to make changes, they NEED to. They need to feel that they are part of contributing to a more sustainable world.



Whilst brands and businesses should be supporting and enabling consumers in this mission, in fact **our study shows that it's now brands and businesses that are slowing things down**, particularly big businesses, with partial solutions, distant commitments, confusing messages and limited availability.

Consumers express a huge sense of frustration and a lack of patience with big brands, but excitingly, they are **finding their own way through**, researching and adopting new brands and habits, prioritising a reduction in plastic as a tangible action and splitting their shopping across multiple channels.

The **shift towards smaller, more independent businesses is clear**; brands and products designed from the get-go to be more sustainable, enabled via technology and (probably) accelerated by the 2020 pandemic.

The aim of this research has always been to provoke discussion, to accelerate positive change, firm in the belief that consumers DO have the ability and power to affect significant change via their buying. The data is intended to support and encourage brands of all shapes and sizes to raise their game, to meet (and surpass!) consumers' needs faster and better, working together to accelerate much needed changes in how and what we all buy and consume.

With thanks to our partners at smol, TrooFoods, teapigs and DAME who shared our ambition, helped to promote participation in this study and are now looking to continue and extend this partnership to all other brands.

Being eco-friendly 😊 is *really* important to consumers, and increasingly so

consumers rated
"being eco-friendly"
as **8.8 / 10**
in importance

78%
say it's more
important to them
vs a year ago

A person wearing a dark jacket and a hat stands on a large, irregular ice floe in the middle of a dark blue ocean. The person is holding a long wooden pole. In the background, there are snow-capped mountains under a cloudy sky. The overall scene is somber and evocative of climate change.

**Consumers
acknowledge the
danger of climate
change.**

They feel more informed.

A high-angle, wide shot of a surfer riding a barrel wave. The water is a vibrant turquoise color. The wave's tunnel is filled with white foam and is heavily contaminated with a large amount of plastic and organic debris, including pieces of wood, twigs, and various pieces of trash. The surfer, a man with dark hair, is wearing blue and white patterned shorts and is leaning forward on his surfboard. The surfboard is white with a red logo near the tail. The overall scene conveys a message of environmental pollution and its impact on nature.

**“People are now
starting to actually
realise the impact that
our daily lives are
having on
our planet.”**

(Female, 35 - 44)

“Things are getting worse with the environment...we need to try harder than ever to counteract the damage we've already done.” (Male, 18 - 24)

OUR
HOUSE
IS ON
FIRE!!

There is
NO
PLANET B

SYSTEM
CHANGE



NOT
CLIMATE
CHANGE!

EVIDENCE
OVER
IGNORANCE

Interest has turned into tangible *behaviour change*

83%

**have switched
brands or habits in the
last year in order to be
more eco-friendly**

53%

**are trying brands
and products that
they previously didn't
consider**

These are changes which are here to stay

across multiple categories,

81%

**expect to be buying
more eco-friendly
products in the future**

88%

**willing to make an effort
in order to buy more
eco-friendly products**

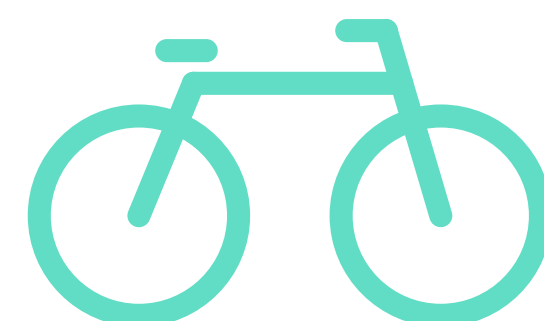
60%+

**willing to “spend a little
bit more” to buy
an eco-friendly product**

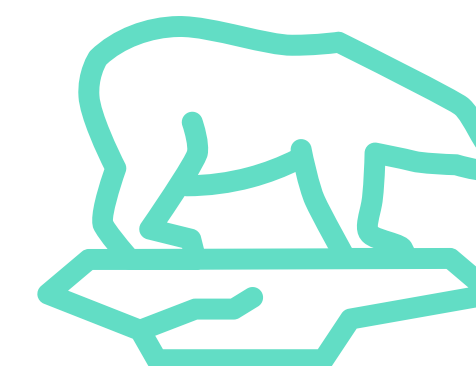
Consumers are bridging the gap between talking and doing.



Interested and motivated to act



Willing to make an effort



Judging brands on key criteria, including packaging and ethics



Willing to pay more



Making significant changes across multiple categories



Consumers are making changes across multiple categories, switches which often require effort, cost and habit change.



Consumers are willing to pay *a little bit more* for more eco-friendly products...

73%

**Cleaning &
household care**

65%

**Household food
& drink**

65%

Personal care

55%

Energy

54%

Internet

64%

Fashion & clothing

“Not supporting Urban Outfitters or Brandy Melville due to unethical labour and racism.” (Female 18 - 24)

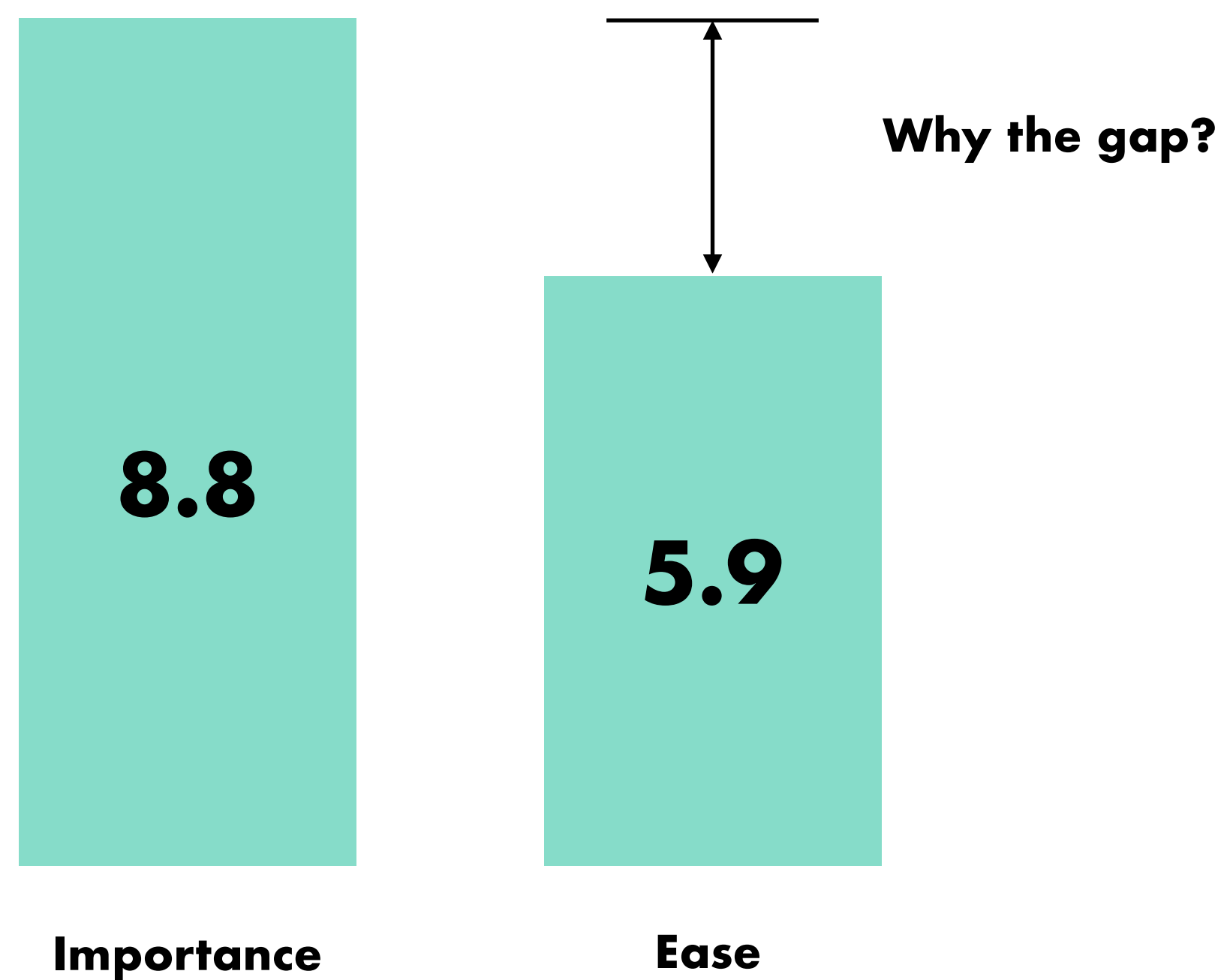
“I have changed from fast fashion brands e.g. H&M, Primark etc, to buying off Depop and charity shops for clothing.” (Female 25 - 34)

Ethics and values dictating brand choices has become mainstream.

“Cadbury chocolate to Tony Chocolonely’s because of their ethical approach (trying to make the chocolate industry 100% slavery free)” (Male 25 -34)

“Boycotting ASOS because of concerns around employment in their factories.” (Female, 18 - 24)

Despite being really important to them,
consumers tell us it's not so easy to make eco-friendly changes.





Four big barriers
continue to hold
consumers back:

Understanding

Don't really understand which products are genuinely more eco-friendly

Trust

Don't always trust claims made by brands/products

Price

Feel that eco-friendly brands and products are too expensive to buy day in, day out

Availability

Tell us it's not always easy to find eco-friendly brands and products

**Consumers place
much of the blame
at the door of big
brands and
businesses.**



**“83% say big brands
and business are
NOT DOING ENOUGH
to help the
environment.”**

Consumers convey impatience, disappointment and frustration with big business.

Ultimately, they feel that profit is the priority in decision making and actions.

“Don't trust them and everything they do is about profit.” (Female 55 - 64)


“They have a vested interest in maintaining the status quo.” (Male, 45 - 54)

Many feel that eco-friendly actions are to chase sales, rather than a genuine purpose.

“They are just rebranding a small portion of their products. I see it as lip service rather than a genuine commitment. Trying to keep their customers with only little changes that I can see.” (Female, 45 - 54)

Other blame big business for contributing to the problem and being slow to fix it, despite having the financial resource to do so.

“Bigger brands have the power, money and influence to change how they operate their business, they should be setting an example and helping be a solution to the problem.” (Female, 25 - 34)



**“If small,
independent brands
can use eco-friendly
packaging, how can big
brands not afford to?”**

(Male, 25 - 34)



**Smaller brands are satisfying
the hunger with disruptive and
radical innovations, designed
to be more eco-friendly.**

“Large supermarkets and huge brands have the money and resources to really be innovative and at the forefront of eco changes and yet it seems to be the small independents that are leading the way.” (Female, 25 - 34)



Is the disappointment in big brands part of an overall loss of trust and faith in institutions - business, government and leaders when it comes to tackling climate change?

“The more I learn, the more I feel I need to act personally rather than looking to the government to change.”

(Female, 35 - 44)



There is a clear and *positive movement* towards smaller business.

83%

trust **SMALL** businesses more than big when it comes to caring for the environment

84%

trust **SMALL** businesses more than big when it comes to being honest

82%

trust **SMALL** businesses more than big when it comes to offering better eco-friendly products

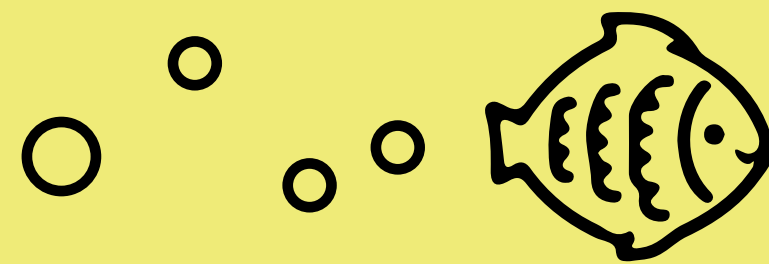
78%

trust **SMALL** businesses more than big when it comes taking care of local community

78%

trust **SMALL** businesses more than big when it comes giving trustworthy information

Small Business
ENABLE CONSUMERS
to act.



Technology is of course facilitating new shopping and D2C models.

**Consumers no longer
depend on one
supermarket brand
and one single shop**

It's easier than ever to split the basket.

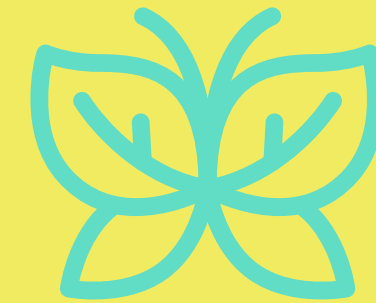
“My choice is no longer limited to what Tesco choose to offer me” (Male, 45 - 54)



Habit change which has been further stimulated by Covid-19 pandemic:



**For some a time
to read and reflect**



**A heightened sense of
vulnerability**



**Visible waste of masks
and PPE materials**



**A desire not to undo
positive new habits**



**A practical need for
home delivery, shopping
online, stocking up**



**So what do consumers
WANT brands to DO?**

Use less plastic

**Make eco-friendly
products, cheaper**

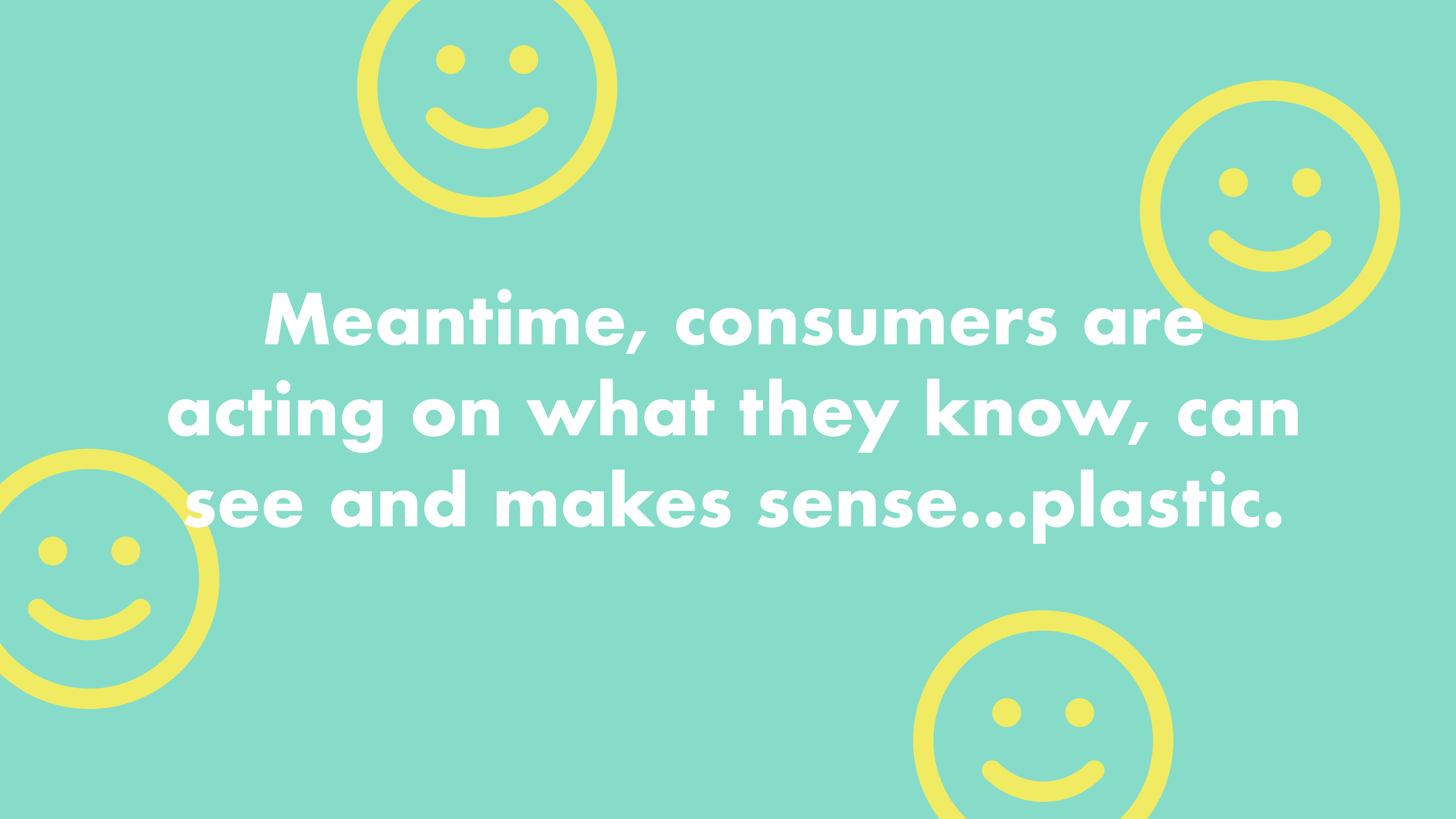
**Create less waste,
recycle more**

**Make eco-friendly
products the core,
the norm**



And act FASTER



The image features a teal background with four yellow smiley face icons. Two are positioned at the top (left and right) and two at the bottom (left and right). The central text is white and reads:

Meantime, consumers are acting on what they know, can see and makes sense...plastic.

**Plastic has
HUGE focus
right now for
consumers:**



Sustainability is complex.

Consumers want to contribute and to act.

But business needs to do MUCH more to enable and support consumers.

- 1. Visible, tangible**
- 2. In a consumer's sphere of influence and control - they feel empowered**
- 3. Achievable**
- 4. Delivers on "I'm doing something!!"**
- 5. Consistent and compelling media push**

Meanwhile, third party certifications do not seem to be providing the “shortcut” in credibility that perhaps brands hope for.

Perversely, are they adding to the responsibility being placed on consumers?

Many eco-friendly organisations aren’t recognised and nor, it appears, are they needed at point of purchase.

Have heard of:

Actively seek when buying:

17%	BCorp	6%
18%	Leaping Bunny	16%
55%	Carbon Trust	7%
27%	FSC	9%
54%	Zero Waste	19%
22%	A Plastic Planet	4%



Take-outs

1.

The vast majority of consumers don't just want to make more eco-friendly choices, they feel **COMPELLED to **ACT**.
They are doing so across multiple categories, investing their time and money.**



2.

The frustration from consumers towards big brands is palpable.

Whilst they may continue to represent the bigger chunk of market share, this study suggests big brands are losing share of heart.



3.

Small or independent business is the place to be right now...

- 1. trusted.**
- 2. eco-friendly and more sustainable by design.**
- 3. free of the shackles, restrictions and image of big business.**
- 4. enabled by technology and new business models.**
- 5. offering an opportunity to create community, connection, to be part of the solution.**



4.

Brands need to design integrated, complete solutions. There is nothing more frustrating for a consumer than thinking they are doing the right thing, only to discover that a brand has sold them only half of the solution.



5.

Social media and friends / family are the most trusted sources of information.

A huge opportunity here for community building, partnerships between brands and initiatives, empowering consumers, creating scale in individual actions.



6.

Consumers are educating themselves and each other.

Sustainability communication has to be clear, compelling, repeated.

Honesty is a MUST.



7.

Third party certifications are not a quick win in sustainability communication.

Indeed they may run the risk of being perceived as greenwashing.

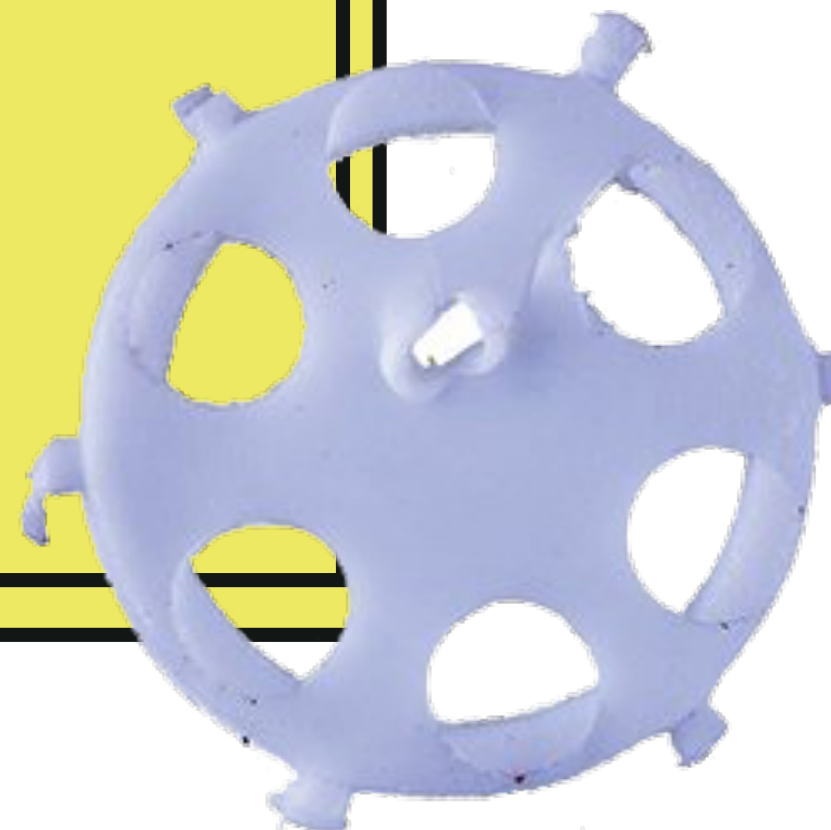


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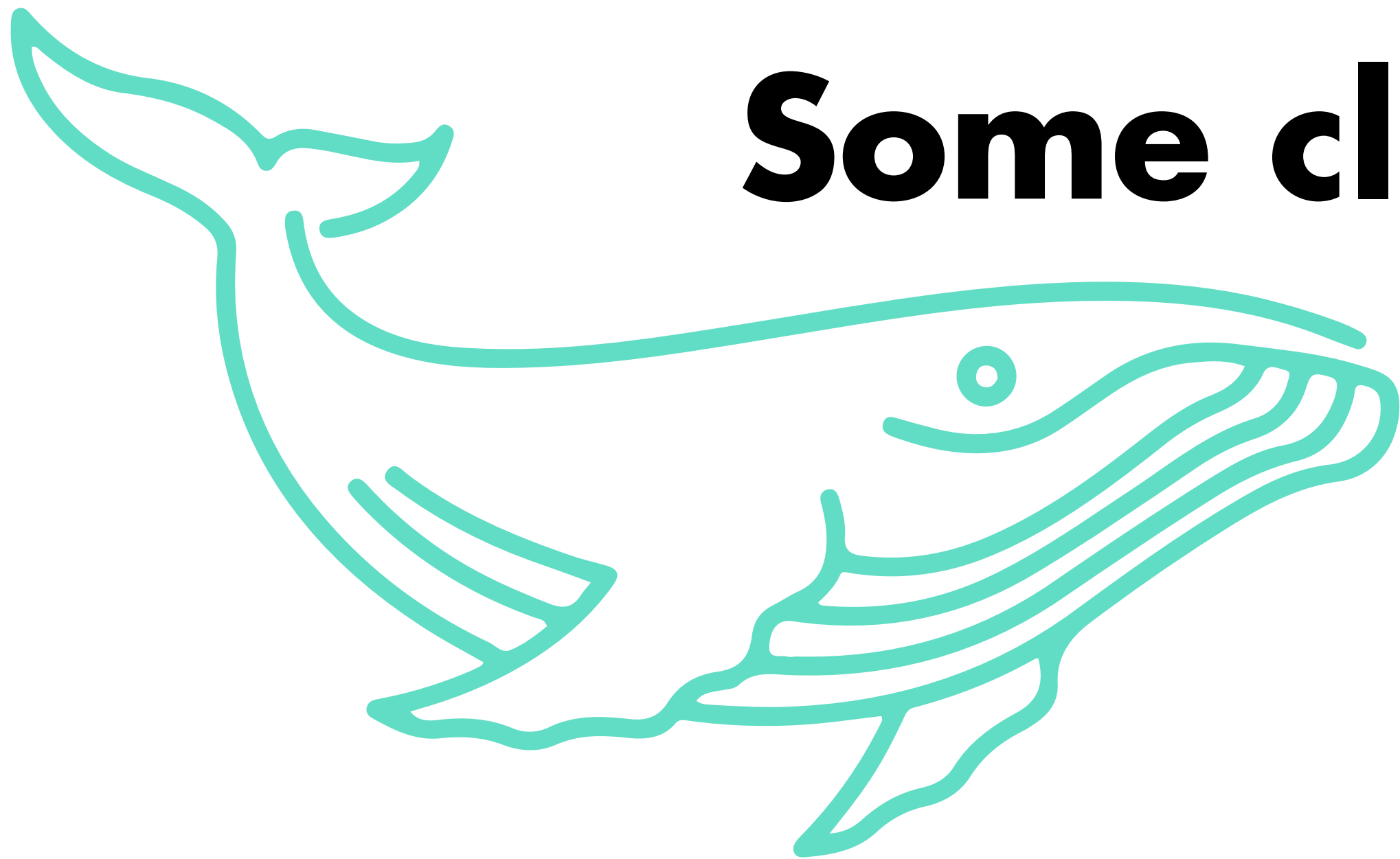
Plastic.

How do we learn from this and apply to other sustainability issues?

How do we capitalise on the consumer appetite to reduce plastic and support them on this mission?



Some closing thoughts




The background features a pattern of yellow line-art fish and bubbles scattered across the white space. The fish are of various sizes and orientations, some swimming towards the right and others towards the left. Bubbles of different sizes are interspersed among the fish.

Consumers are voluntarily making scores of small changes.

Collectively, those changes are, and will make a positive impact.

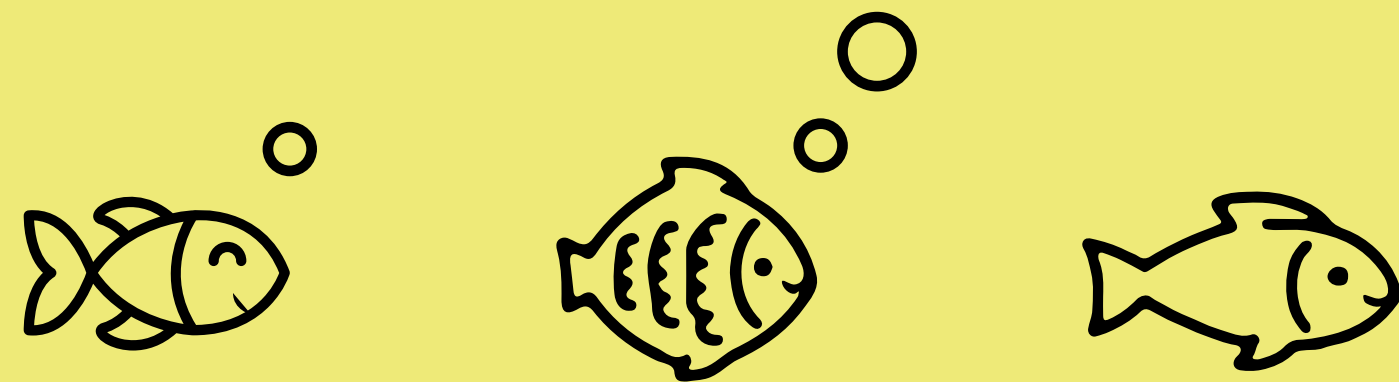
But walked alone, this can feel a lonely, at times hopeless journey.

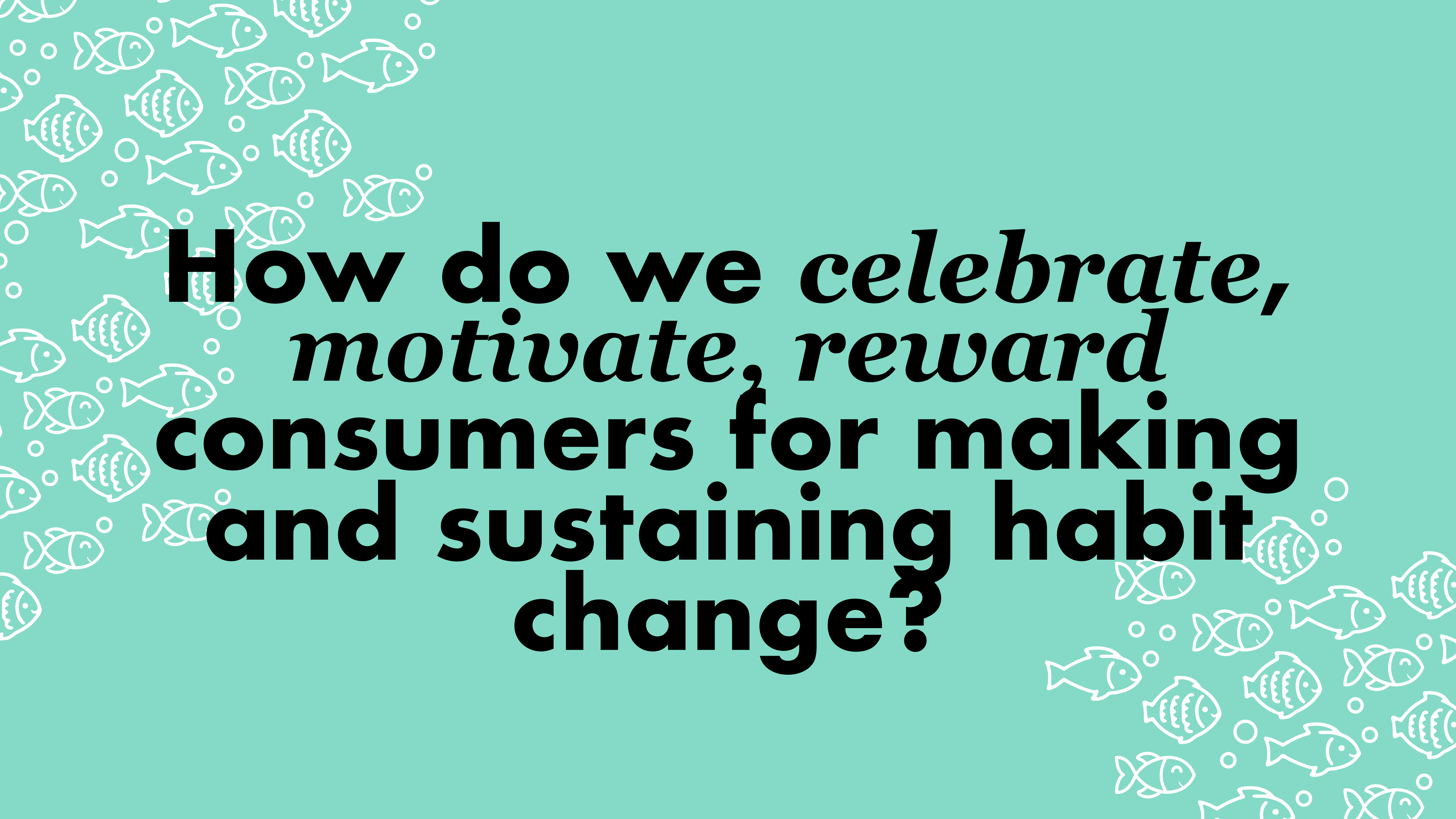
A yellow line-art illustration of a hand holding a person. The hand is positioned at the top, with fingers curled around the person's head and shoulders. The person is depicted in a simple, stylized manner with a circular head and a body that tapers towards the bottom. The entire illustration is rendered in a single yellow color with varying line thicknesses to create a sense of depth and movement.

**How do we support
consumers? In content,
education, solutions?**

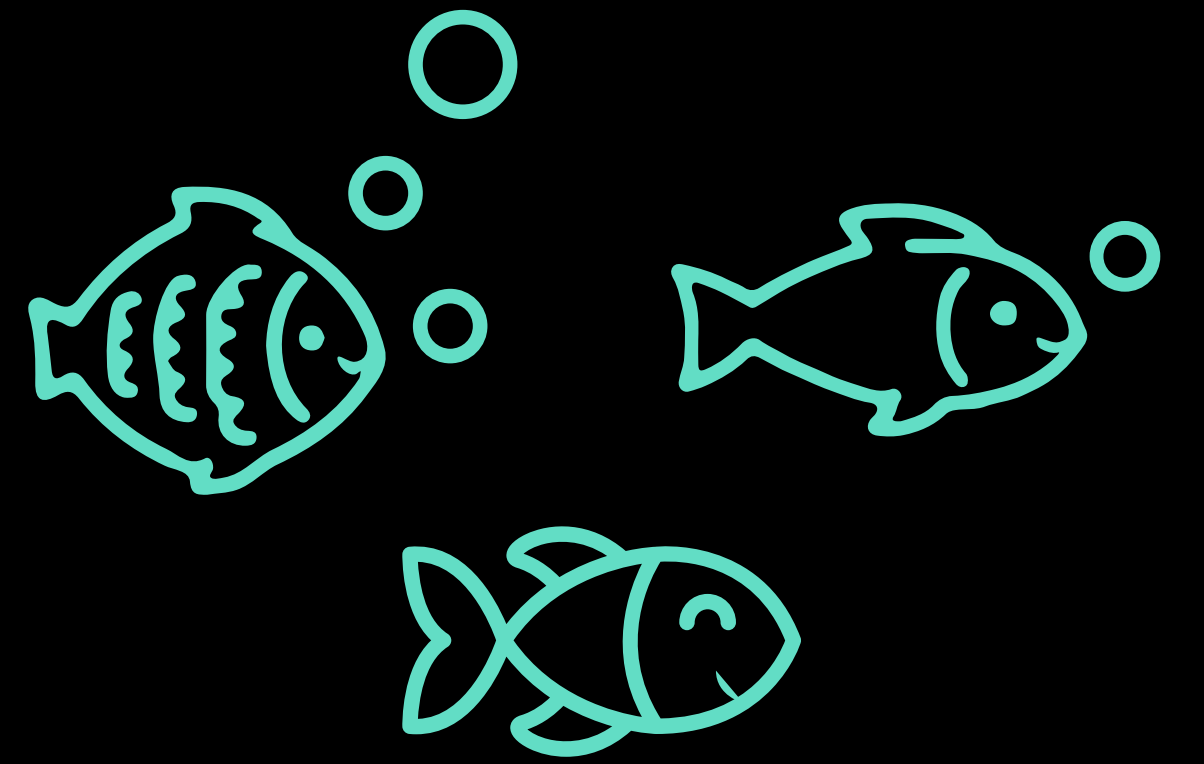
*How can we replace the sense of community and connection
provided previously by big brands?*

**How do we create a
tribe, a new sense
of identity?**

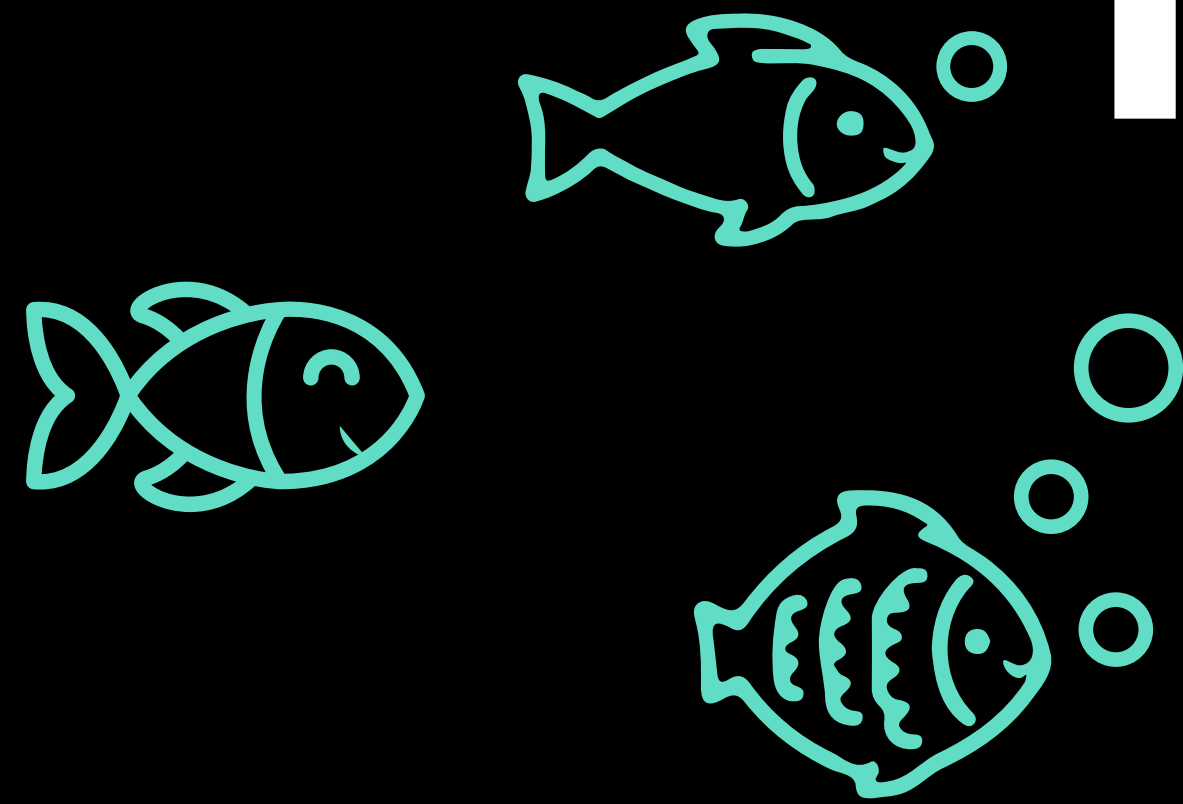




**How do we *celebrate,*
motivate, reward
consumers for making
and sustaining habit
change?**



**How do we satisfy
the hunger?!**



Information about this study:

The research was conducted in October 2020, via an online survey.
 Participants were recruited via social media. 4297 responses in total

Gender:

Male 8%
Female 91%
Other 1.5%

Age:

< 24	18%
25 - 34	36%
35 - 44	23%
45 - 54	16%
55 - 64	6%
65 - 74	2%
75+	1%

33% are responsible for kids < 18 living at home.
66% not

	Survey % respondents	UK
Scot	8	8
NI	2	3
Wales	4	5
NW England	9	11
NE England	4	4
Yorks & Humber	6	8
West Mids	7	9
East Mids	8	7
East England	6	9
SW	9	8
SE	20	14
Greater London	15	13
Isles	0	
Prefer not to say	3	

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Thanks and credit to:

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we grow brands[®]

10 years!